



Swim BC Club Development Series

Swim BC is keenly interested in the development and maintenance of strong club governance and operations as mechanism to athlete recruitment, development and retention. In the spirit of this objective, we are offering two developmental opportunities for club representatives at this year's Swim BC AGM and BCSCA Coaches Conference weekend.

Clubs are encouraged to bring more than just a voting delegate to the Swim BC AGM and related events!

Presentation 1:

Time: 9:00 – 10:00 AM

Title: ***The “Problem” with Boards***
presented by James Bretzlaff, Claricoast Management

Summary:

Can you recall the first few thoughts that ran through your mind when asked to be on a Board? If they include things like “No!” ... “Oh %#\$@!” ... or “Run!”, then you are not alone.

Unfortunately, all too many Boards never reach the realm of high performance. At best, they occasionally trudge through their agendas and minutes ... at worst they can be downright ineffective, sometimes even hampering the organization they are fiducially responsible for. James will explore solutions and strategies in assisting Board's in identifying their role and pathway to success.

About James Bretzlaff:

Past swimmer and Head Coach at both the club and university levels, James will share some of his experiences and thoughts on why this happens and offer some practical advice on what you can do to help your Board buck this all-too-common trend. Since 1999 James has supported literally hundreds of Boards, Chairs, and Leaders across Canada, helping them strengthen their organizations through a dynamic focus on governance, teamwork, strategy, and leadership.



Location: Fairmont Chateau Whistler - Frontenac C



Presentation 2:

Time: 10:15 – 11:15 AM

Title: *Anti-Bullying Workshop for Parents, Administrators and Officials*
presented by Lisa Dixon-Wells, Dare to Care

Summary:

Every child has the right to feel safe, welcome and included so they can thrive in life, learning, and play!

The reality is that most sport organizations are dealing with more challenging behaviours than ever before, including the pervasive and crippling issue of bullying. In sports, bullying behavior is often disguised as teamwork or the drive for excellence, but the negative impact bullying can have on an individual, and the team as a whole, is staggering. Coaches set the stage for how kids on a team treat one another. Club Administrators set the stage on how coaches, athletes, and parents treat one another. Coaches and management must be very clear that bullying and disrespect will not be tolerated and that all members of the club will be held accountable for their behavior.

Conflict amongst players, parents and coaches is normal.... Bullying is not!

Participants in this workshop will establish a common language around bullying behaviour; be clear on the difference between conflict and true bullying; be better equipped to identify individuals that are being targeted; and learn how to take a no-nonsense approach when dealing with participants, parents, coaches, or administrators who are using bullying tactics. As well, club administrators will learn the importance of having a clear policy and procedures strategy to deal with bullying behaviour so that all team members and families understand are held accountable for poor behavior.

About Lisa Dixon-Wells:

Lisa Dixon–Wells has been working in school systems across Canada since 1990. After completing her M.Ed in Educational Psychology (1997), Lisa’s focus has been on Bully Prevention and Mental Health. As the founder of the Dare to Care program, her work has focused on early prevention and intervention in schools as well as sporting organizations, community groups, and the workplace. The Dare to Care program impacts over 65,000 children, youth, and adults each year and has had a significant impact in creating and maintaining safe and inclusive environments for children and youth. In 2016, Dare to Care received the Government of Alberta Inspiration Award for Leadership in Bully Prevention.

Lisa swam internationally with both the Edmonton Keyano Swim Club and the University of Calgary Swim Club and is a 14-time World Masters champion. Lisa was inducted into the University of Calgary’s Sports Hall of Fame in 2015.



Location: Fairmont Chateau Whistler – Frontenac C
